

Jr. High School  
&  
High School



| Mon   | Tue   | Wed   | Thu   | Fri   |
|---|---|---|---|---|
| 2 No School   | 3 1. Orange Chicken/<br>Fried Rice<br>2. Cheeseburger on Bun<br><br>Steamed Broccoli<br>Fresh Veggie's/Dip<br>Mandarin Oranges<br>1% or Skim Milk | 4 1. Enchilada<br>2. Mini Ravioli/<br>Garlic Bread Stick<br><br>Fresh Veggie's/Dip<br>Garden Salad<br>Frozen Fruit Cup<br>1% or Skim Milk | 5 1. Pizza (Retro)<br>2. Chicken Sandwich<br><br>Season Corn<br>Veggie Juice Box<br>Chilled Peaches<br>1% or Skim Milk                            | 6 1. Frito Burrito<br>2. Mr. Rib on Bun<br><br>Romaine/Tomato Mix Salad<br>Refried Beans<br>Chilled Applesauce<br>1% or Skim Milk         |
| 9 1. Chicken Noodles<br>2. Pork Tenderloin on Bun<br><br>Fresh Veggie's/Dip<br>Green Beans<br>Chilled Peaches<br>1% or Skim Milk              | 10 1. Turkey Sub Sandwich<br>2. Gourmet Burger on Bun<br><br>Baked Beans<br>Baked Fries<br>Chilled Applesauce<br>1% or Skim Milk                  | 11 1. Two Soft Taco's<br>2. Mr. Rib on Bun<br><br>Romaine/Tomato Mix Salad<br>Refried Beans<br>Chilled Strawberry Mix<br>1% or Skim Milk  | 12 1. Pizza Pasta Bake<br>Garlic Bread<br>2. Grilled Cheese<br>Romaine/Tomato Mix Salad<br>Fresh Veggie's/Dip<br>Chilled Pears<br>1% or Skim Milk | 13 1. Cheese Quesadilla<br>2. Buffalo Bites /Gram Cracker<br><br>Fresh Veggie's Dip<br>Baked Fries<br>Frozen Fruit Cup<br>1% or Skim Milk |
| 16 1. Chicken Nuggets<br>2. Lasagna Roll<br>Garlic Bread<br>Veggie Juice Box<br>Fresh Veggie's/Dip<br>Chilled Pears<br>1% or Skim Milk        | 17 1. CheeseBurger on Bun<br>2. Hot Dog on Bun<br><br>Baked Beans<br>Baked Fries<br>Chilled Applesauce<br>1% or Skim Milk                         | 18 1. Mini Corn Dogs<br>2. Walking Taco<br><br>Romaine/ Tomato Mix<br>Fresh Veggie's/Dip<br>Chilled Mix Strawberry<br>1% or Skim Milk     | 19 1. Country Fried Steak/Roll<br>2. Deli Sandwich<br><br>Mashed Potato/Gravy<br>Green Beans<br>Chilled Applesauce<br>1% or Skim Milk             | 20 1. Pizza/ Buffalo<br>2. Chicken Sandwich<br><br>Season Corn<br>Veggie Juice Box<br>Mandarin Oranges<br>1% or Skim Milk                 |
| 23 1. Mr. Rib on Bun<br>2. French Toast Sticks/<br>Sausage Patty<br>Veggie Juice Box<br>Hash Brown Potato<br>Orange Wedges<br>1% or Skim Milk | 24 1. Popcorn Shrimp/<br>Cheese Stick<br>2. Pork Tenderloin On Bun<br>Tater Tots<br>Green Beans<br>Chilled Peaches<br>1% or Skim Milk             | 25 1. Nacho Plate<br>2. Max Cheese Sticks<br>Lettuce Tomato<br>Refried Beans<br>Chilled Strawberry Mix<br>1% or Skim Milk                 | 26 1. Chicken Tenders/Roll<br>2. Pulled Pork on Bun<br>Au Gratin Potato<br>Seasoned Green Beans<br>Chilled Applesauce<br>1% or Skim Milk          | 27 1. Mac & Cheese<br>2. Meatball Sub<br><br>Baked Beans<br>Garden Salad<br>Frozen Fruit Cup<br>1% or Skim Milk                           |
| 30 1. Cheeseburger on Bun<br>2. Chili /Crackers<br><br>Baked Fries<br>Fresh Veggie's/Dip<br>Baked Cinn Apples<br>1% or Skim Milk              |   |   |   |   |

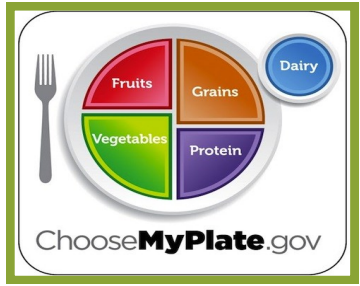
| <u>Lunch Prices</u>     |        |
|-------------------------|--------|
| Student                 | \$2.65 |
| Reduced                 | \$.40  |
| Extra Milk              | \$.40  |
| <u>Breakfast Prices</u> |        |
| Student                 | \$1.50 |
| Reduced                 | \$.40  |
| Extra Milk              | \$.40  |

**Offered Daily**  
Grab'n Go PBJ Lunch

**Salads Lunch Options**

Mon-- Garden — Chef Chicken  
Tue -- Garden — Chef Chicken  
Wed-- Garden— Taco Salad  
Thru --Garden — Chef Chicken  
Fri — Garden — Chef Chicken

Fresh Fruit Offered Daily With Your Lunch Choice



**Menu subject to change based on availability**

Monroe Center  
&  
Highland School



| Mon  | Tue  | Wed  | Thu  | Fri  |
|--|--|--|--|--|
| 2 No School  | 3 1. Mac & Cheese/<br>Gram Cracker<br>2.Ham & Cheese Sandwich<br>Baked Beans<br>Garden Salad<br>Frozen Fruit Cup<br>1% or Skim Milk      | 4 1.Buffalo Bites<br>/Bread Butter<br>2. Mini Corn Dogs<br><br>Fresh Veggie's Dip<br>Smile Fries<br>Chilled Pineapple<br>1% or Skim Milk       | 5 1.Mr.Rib on Bun<br>2. French Toast Sticks/<br><br>Sausage Patty<br>Veggie Juice Box<br>Hash Brown Potato<br>Orange Wedges<br>1% or Skim Milk       | 6 1.Pizza (Retro)<br>2.Chicken Sandwich<br><br>Season Corn<br>Veggie Juice Box<br>Chilled Peaches<br>1 % or Skim Milk        |
| 9 1. Max Cheese Sticks<br>2. Burger on Bun<br><br>Baked Fries<br>Baked Beans<br>Chilled Pears<br>1% or Skim Milk                                   | 10 1.Orange Chicken /Rice<br>2. Ham Cheese Sandwich<br><br>Steamed Broccoli<br>Fresh Veggie's/Dip<br>Mandarin Oranges<br>1% or Skim Milk | 11 1.Lasagna Roll<br>/Garlic Bread<br>2. Mini Corn Dogs<br><br>Garden Mix Salad<br>Fresh Veggie's/Dip<br>Chilled Applesauce<br>1% or Skim Milk | 12 1.Mr.Rib on Bun<br>2. Mashed Potato Bowl/<br>Bread Butter<br><br>Veggie Juice Box<br>Seasoned Corn<br>Frozen Fruit Cup<br>1% or Skim Milk         | 13 1.Cheese Quesadilla<br>2.Chicken Sandwich<br><br>Fresh Veggie's Dip<br>Green Beans<br>Chilled Pears<br>1% or Skim Milk    |
| 16 1. Hot Dog on Bun<br>2. Burger on Bun<br><br>Green Beans<br>Baked Fries<br>Chilled Peaches<br>1% or Skim Milk                                   | 17 1Ham & Cheese Sandwich<br>2.PorkTenderloin on Bun<br><br>Baked Beans<br>Baked Fries<br>Chilled Applesauce<br>1% or Skim Milk          | 18 1. Mini Corn Dogs<br>2.Walking Taco<br><br>Romaine/ Tomato Mix<br>Fresh Veggie's/Dip<br>Chilled Mix Fruit<br>1% or Skim Milk                | 19 1.Chicken Nuggets /<br>Gram Crackers<br>2 Mr. Rib on Bun<br>Mashed Potato/Gravy<br>Fresh Veggie's/Dip<br>Chilled Applesauce<br>1% or Skim Milk    | 20 1.Pizza<br>2.Chicken Sandwich<br><br>Season Corn<br>Veggie Juice Box<br>Mandarin Oranges<br>1 % or Skim Milk              |
| 23 1.Mini Ravioli/<br>Garlic Bread Stick<br>2. Burger on Bun<br><br>Steamed Broccoli/Cheese<br>Garden Salad<br>Frozen Fruit Cup<br>1% or Skim Milk | 24 1.Gourmet Burger<br>2.Ham & Cheese Sandwich<br><br>Baked Potato Wedges<br>Fresh Veggie's /Dip<br>Chilled Pears<br>1% or Skim Milk     | 25 1.Nacho Plate<br>2.Mini Corn Dogs<br><br>Lettuce Tomato<br>Refried Beans<br>Chilled Peaches<br>1% or Skim Milk                              | 26 .Spaghetti Meat Sauce/<br>Garlic Bread<br>2. Mr. Rib on Bun<br>Romaine/Tomato Mix Salad<br>Fresh Veggie's/Dip<br>Chilled Pears<br>1% or Skim Milk | 27 1.French Bread Pizza<br>2.Chicken Sandwich<br><br>Season Corn<br>Veggie Juice Box<br>Mandarin Oranges<br>1 % or Skim Milk |
| 30 1. Sausage/Cheese Biscuit<br>2. Burger on Bun<br><br>Baked Fries<br>Fresh Veggie's/Dip<br>Chilled Pears<br>1% or Skim Milk                      |  |  |  |  |

**Fun Facts**

Have you ever put an apple into the water and noticed the apple float? Yes, apples float on water. It is because apples are made of 25 percent air!

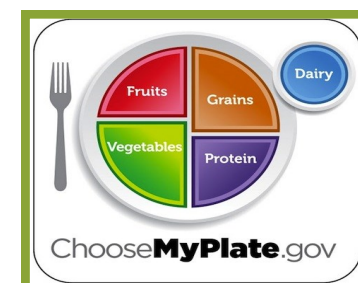
Lunch Prices:

Student: \$2.55  
Reduced: \$ .40  
Milk \$ .40

Every Meal Comes With:  
Fat Free Chocolate Milk  
Or  
1% White Milk

Breakfast Prices

Student \$1.50  
Reduced: \$ .40



**Menu subject to change based on availability**