

MERIDIAN COMMUNITY UNIT 223  
STATE HEALTH REQUIREMENTS FOR STUDENTS

Dear Parents:

The required physical examination form is enclosed for your student. Section 7-8, Chapter 122 of the Illinois School Code requires that all pupils entering PreK or K, 6th and 9th grades must have completed the following before being admitted to school:

1. A physical examination on the specified state form. Physical exams must be completed within one year prior to school entry.
2. Immunizations required for DPT, Polio, Measles, Mumps, Rubella, and Td Booster every 10 years, Varicella and Hepatitis B Vaccine Series.
3. Physician's documentation indicating lead assessment and/or screening (for high risk zip code areas) is required at kindergarten or first entrance to a program (i.e. Early Childhood or Pre-K).
4. Physician's documentation indicating diabetes risk assessment (PreK or K, 1, 6, and 9).

**KINDERGARTEN HEALTH NEEDS:**

1. Required physical and recommended dental exam.
2. DPT and Polio Boosters must be given after the 4th birthday.
3. MMR (Measles, Mumps, Rubella) 2 doses of measles vaccine required:  
1st dose **on** or **after** 12 months of age  
2nd dose at least **one month** later
4. Varicella vaccine (Chickenpox) –1 dose **on or after** 12 months of age.
5. If the above immunizations have not been completed at the time of the physical exam, a written schedule from your physician to complete the required doses must be presented with the physical exam at the time of registration.
6. Proof of dental exam (or waiver) prior to May 15th of the school year.
7. Proof of a vision exam (or waiver) by October 15 of the school year.

**2ND GRADE HEALTH NEEDS:**

1. Proof of dental exam prior to May 15th of the school year.

**6TH GRADE HEALTH NEEDS:**

1. Required physical and recommended dental exam. Be sure physician designates approval for participation in physical education and interscholastic sports by checking the appropriate boxes on the physical form. ***This DOES fulfill the sports physical requirement for 6<sup>th</sup> grade.***
2. Hepatitis B Vaccine series completed.
3. Required immunizations current.
4. Proof of dental examination (or waiver) prior to May 15th of the school year.

**9TH GRADE HEALTH NEEDS:**

1. Required physical and recommended dental exam. Be sure physician designates approval for participation in physical education and interscholastic sports by checking the appropriate boxes on the physical form. ***This DOES fulfill the sports physical requirement for 9<sup>th</sup> grade.***
2. Tetanus (Tdap) Booster
3. Required immunizations current.

I urge you to make your medical, dental and vision exam appointments now to avoid difficulty obtaining an appointment later this summer. **According to the Illinois School Code, students are subject to exclusion from school on and after October 15<sup>th</sup> if the physical examination and immunization requirements have not been completed and returned to the school.**

Sincerely,

Dr. Robert Morelan  
Superintendent

Kim Glendenning, RN, BSN  
Director of Health Services

Revised 07/11