

High School &
Jr. High School Menu
Lunch Prices: \$2.75
Reduced \$.40

Menu subject to change without notice due to delivery shortages.



Mon

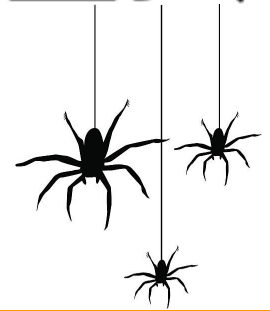
Tue

Wed

Thu

Fri

	1 A. Walking Taco B. Cheese Bread Fresh Veggie's/Dip Romaine Salad Chilled Peaches	2 A. Chicken Tenders B. Salisbury Steak Bread/ Butter Whipped Potatoes/Gravy Seasoned Corn Chilled Pears	3 A. Mini Corn Dogs B. Mr. Rib on Bun Baked Beans Fresh Veggie's/Dip Chilled Applesauce	4 A. Pizza/ Buffalo B. Pork Tenderloin on Bun Season Carrots Veggie Juice Box Frozen Fruit Cup
7 A. Build Your Burger Day B. Turkey Sub Baked Beans Baked Fries Romaine Tomato, Onion, Pickles Chilled Applesauce	8. A. Mandarin Orange Chicken/ Fried Rice B. Deli Ham Sandwich Steamed Broccoli Fresh Veggie's/Dip Frozen Fruit Cup	9 A. Baked Chicken Leg /Bread Butter B. Gourmet Burger on Bun Mashed Potato/Gravy Seasoned Corn Hot Apple Crisp	10 A. Spaghetti W Meat Sauce w/ Garlic Bread B. Mini Bagel Bits Garden Salad\ California Mix	11 Teacher Institute
14 Columbus Day	15 A. Soft Taco/Rice B. Cheese Sticks Romaine, Tomato ,Onion Refried Beans Chilled Pears	16 A. Buffalo Bites Bread Butter B. Cheese Quesadilla Fresh Veggie/Dip Seasoned Corn Chilled Peaches	17 A. Fish Bites/Bread Butter B. Chicken Patty on Bun Fresh Veggies/Dip Cole Slaw Fresh Fruit Mix	18 A. Pizza B. Cavatappi/ Bread Butter Fresh Veggie's Green Beans Frozen Fruit Cup
21 A. Enchilada B. Mini Ravioli /Garlic Bread Fresh Veggie's/Dip Garden Salad Chilled Pears	22 A. French Toast Sticks/ Sausage Patty B. Chicken Wrap Veggie Juice Box Hash Brown Potato Orange Wedges	23 A. Build Your Burger Day B. Turkey Sub Baked Beans Baked Fries Romaine Tomato, Onion, Pickles Chilled Applesauce	24 A. BBQ Chicken Flatbread B. Hot Dogs on Bun Fresh Veggie's/Dip Seasoned Green Beans Chilled Pears	25 A. Chicken Tenders Bread Butter B. Grilled Cheese Smile Potatoes Seasoned Corn Chilled Applesauce
28 A. Fish Filet/W Cheese on Bun B. Cheese Quesadilla Fresh Carrots/Dip Green Beans Chilled Pineapple	29 A. Buffalo Wrap B. Cheese Sticks Baked Fries Baked Beans Chilled Peaches	30 A. Mongolian Beef/Rice B. BBQ Pulled Pork on Bun Steamed Broccoli Fresh Veggie's /Dip Chilled Pears	31 A. Mashed Potato Bowl w/ Dinner Roll B. Mini Corn Dogs Veggie Juice Box Seasoned Corn Frozen Fruit Cup	


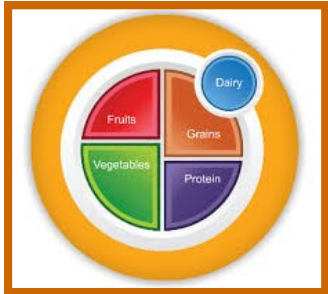


Offered Daily as
Lunch Option

Grab'n Go
PBJ Lunch

Variety of Salads
Made Daily

You Must Take a Fruit
or
Vegetable to Count as a
Complete Lunch

Monroe Center & Highland School
 Lunch Prices: \$2.65
 Reduced \$.40
 Menu subject to change without notice due to delivery shortages.



Mon

Tue

Wed

Thu

Fri

	1 A. Mini Corn Dogs B. Cold Cut Sub Baked Beans Baked Fries Chilled Applesauce	2 A. Walking Taco B. Mr. Rib on Bun Fresh Veggie's/Dip Romaine/Tomato Mix Chilled Peaches	3 A Chicken Tenders B. Salisbury Steak Bread Butter Whipped Potatoes/Gravy Seasoned Corn Chilled Pears	4 A. Pizza/ B. Pork Tenderloin on Bun Season Carrots Veggie Juice Box Frozen Fruit Cup
7 A. Burger on Bun B. Cheese Sticks Fresh Veggie's/Dip Baked Fries Chilled Applesauce	8 A. Spaghetti w Meat Sauce w/ Garlic Bread B. Mini Corn Dogs Garden Salad/ California Mix Chilled Peaches	9 A. Hot Dog on Bun B. Turkey Sub Veggie Juice Box Baked Beans Hot Apple Crisp	10 A. Build Your Own Pizza Lunchable B. Chicken Patty on Bun Fresh Veggie's/Dip Seasoned Green Beans Chilled Pears	11 Teacher Institute
14 Columbus Day	15 A. Mini Corn Dogs B. Baked Chicken Leg/ Bread Butter Whipped Potatoes/Gravy Fresh Veggie's/Dip Chilled Applesauce	16 A. Mr. Rib on Bun B. Nacho Plate Romaine Salad Refried Beans Chilled Pear	17 A. Fish Nuggets/ Bread Butter B. Chicken Patty on Bun Baked Fries Seasoned Green Beans Baked Cinn Apple s	18 A. Pizza B. Pork Tenderloin on Bun Seasoned Carrots Veggie Juice Box Frozen Fruit Cup
21 A. Burger on Bun B. Mini Ravioli /Garlic Bread Fresh Veggie's/Dip Garden Salad Chilled Pears	22 A. French Toast Sticks/ Sausage Patty B. Mini Corn Dogs Veggie Juice Box Hash Brown Potato Orange Wedges	23 A. Mini Bagel B. Turkey Sub Baked Beans Baked Fries Chilled Applesauce	24 A. Mandarin Orange Chicken/ Fried Rice B. Mr.Rib on Bun Steamed Broccoli Fresh Veggie's/Dip Frozen Fruit Cup	25 A. Chicken Tenders Bread Butter B. Grilled Cheese Smile Potatoes Seasoned Corn Fresh Apple Slices
28 A. Burger on Bun Cheese on Bun B. Cheese Quesadilla Fresh Carrots/Dip Green Beans Chilled Pineapple	29 A. Build Your Own Pizza Lunchable B. Mini Corn Dogs Baked Beans Garden Salad Chilled Applesauce	30 A. Mongolian Beef/Rice B. BBQ Pulled Pork on Bun Steamed Broccoli Fresh Veggie's /Dip Chilled Pears	31 A. Mashed Potato Bowl B. Cold Cut Wrap Veggie Juice Box Seasoned Corn Frozen Fruit Cup	Happy Halloween 

Kids Fun Facts

- ◆ Each pumpkin has about 500 seeds.
- ◆ Over 1.5 billion pounds of pumpkin are produced each year in the United States.
- ◆ Morton, Illinois, calls itself the "Pumpkin Capital of the World."
- ◆ There are more than 45 different varieties of pumpkin.

